

2010 NASCAR Schedule and Race Times

Sprint Cup Schedule

Race No.	Race	Race Date	Time	TV Network
	Daytona Shootout	Feb 6	TBA	Fox
	Daytona Duel 1	Feb 11	TBA	Speed
	Daytona Duel 2	Feb 11	TBA	Speed
1	Daytona International Speedway	Feb 14	Sun 1PM ET	Fox
2	Auto Club Speedway - Fontana	Feb 21	Sun 3PM ET	Fox
3	Las Vegas Motor Speedway	Feb 28	Sun 3PM ET	Fox
4	Atlanta Motor Speedway	Mar 7	Sun 1PM ET	Fox
5	Bristol Motor Speedway	Mar 21	Sun 1PM ET	Fox
6	Martinsville Speedway	Mar 28	Sun 1PM ET	Fox
7	Phoenix International Raceway	Apr 10	Sat 7:30PM ET	Fox
8	Texas Motor Speedway	Apr 18	Sun 1PM ET	Fox
9	Talladega Super Speedway	Apr 25	Sun 1PM ET	Fox
10	Richmond International Raceway	May 1	Sat 7:30PM ET	Fox
11	Darlington Raceway	May 8	Sat 7:30PM ET	Fox
12	Dover International Speedway	May 16	Sun 1PM ET	Fox
	Sprint Showdown	May 22	TBA	Speed
	Sprint All-Star Race	May 22	TBA	Speed
13	Charlotte Motor Speedway	May 30	Sun 5:45PM ET	Fox
14	Pocono Raceway	Jun 6	Sun 1PM ET	TNT
15	Michigan International Speedway	Jun 13	Sun 1PM ET	TNT
16	Infineon Raceway	Jun 20	Sun 3PM ET	TNT
17	New Hampshire Motor Speedway	Jun 27	Sun 1PM ET	TNT
18	Daytona International Speedway	Jul 3	Sat 7:30PM ET	TNT
19	Chicagoland Speedway	Jul 10	Sat 7:30PM ET	TNT
20	Indianapolis Motor Speedway	Jul 25	Sun 1PM ET	ESPN
21	Pocono Raceway	Aug 1	Sun 1PM ET	ESPN
22	Watkins Glen International	Aug 8	Sun 1PM ET	ESPN
23	Michigan International Speedway	Aug 15	Sun 1PM ET	ESPN
24	Bristol Motor Speedway	Aug 21	Sat 7:30PM ET	ESPN
25	Atlanta Motor Speedway	Sep 5	Sun 7:30PM ET	ESPN
26	Richmond International Raceway	Sep 11	Sat 7:30PM ET	ABC
27	New Hampshire Motor Speedway	Sep 19	Sun 1PM ET	ABC
28	Dover International Speedway	Sep 26	Sun 1PM ET	ABC
29	Kansas Speedway	Oct 3	Sun 1PM ET	ABC
30	Auto Club Speedway - Fontana	Oct 10	Sun 3PM ET	ABC
31	Charlotte Motor Speedway	Oct 16	Sat 7:30PM ET	ABC
32	Martinsville Speedway	Oct 24	Sun 1PM ET	ABC
33	Talladega Super Speedway	Oct 31	Sun 1PM ET	ABC
34	Texas Motor Speedway	Nov 7	Sun 1PM ET	ABC
35	Phoenix International Raceway	Nov 14	Sun 3PM ET	ABC
36	Homestead-Miami Speedway	Nov 21	Sun 1PM ET	ABC

